

We are living in trying times at the moment. Each day brings changes to how we live our daily lives. It is to say the least, stressful. In a conversation with fellow cross stitch designers, we decided one small way in which we could help our stitchers was to create a project of free designs. Each stitch you take as you work on the

#bewellandstitch designs will bring solace to your needlework soul, Calm amongst the Crazy. As you complete each design, finish them into bowl fillers for a springtime basket of hope. And please do share your progress on social media, so we can share in the journey together. Be sure to follow the hashtags **#bewellandstitch** and **#summerhousestitcheworkes**, so you can join in the movement! But most of all, Pray, Hope, Be Well & Do Not Panic!

Once you have your free charts in hand, please consider placing an order from your favorite needlework shop for the threads, fabric or trims. Shops need your patronage to get through this crisis! Check the list of shops that carry Summer House charts on my website. Enjoy the Stitch!! *Beth*

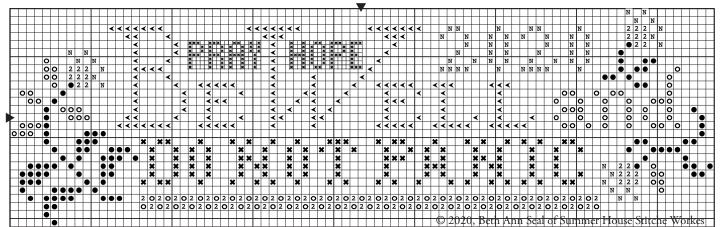


Cross stitch over two linen threads with one or two strands of floss, depending on your fabric count. The words Pray & Hope are stitched over one linen thread, so use one strand of floss for those words. The alternating line of stitches below the words, "Do Not Panic," can be stitched as cross stitches or herringbone stitch. I plan to use herringbone stitch for mine.

Stitch Count: 87 (w) x 27 (h)

Fabric: Count and color of your choice, I will use a 36 or 40 ct., as those are my favorites.

Floss: DMC or choose your own!



FLOSS KEY:	DMC				
Jade Vy Dk	561		Golden Olive Dk	830	<
Moss Green	581	0	Old Gold Dk	680	Ν
Antique Blue Med	931	×	Desert Sand	3064	2